

## Acting Out the Immune Response

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## Table of Contents

Teacher Guide .....	3
I. Science Background .....	3
II. Student Outcomes .....	3
A. Science concepts covered in the unit .....	3
B. Outcomes from the Next Generation Science Standards .....	4
C. Recommended Course Placement .....	5
D. Relevance .....	5
III. Learning Objectives .....	5
A. Students will demonstrate understanding of: .....	5
IV. Time Requirements .....	5
A. Day 1 .....	5
B. Day 2 .....	5
C. Day 3 .....	5
D. Day 4 .....	6
V. Advanced Preparation .....	6
A. Set up .....	6
VI. Materials and Equipment .....	6
VII. Student Prior Knowledge and Skills .....	6
VIII. Daily Unit Plans .....	6
A. DAY 1 .....	6
B. Day 2 .....	7
C. Day 3 .....	8
D. Day 4 .....	8
IX. Summative Assessment .....	8
A. Immune system Analogy .....	8
B. Vocabulary quiz .....	8
Student Section .....	9
I. Rationale .....	9
II. Materials .....	9
A. For Disease spread simulation .....	9
B. For Acting out simulations .....	9
III. Procedure .....	9
A. Roles/signs .....	9
B. Methylation Script .....	

# Teacher Guide

## I. Science Background

Humans are exposed to a large number of pathogens (disease causing organisms) every day, yet only a small number of those are successful in inducing infection and causing damage to host tissues. The human immune system is a complex collection of physical barriers, cells, and signaling systems that helps a human to respond to a pathogen invasion. The immune system can be thought of as two parts: the innate immune system that works nonspecifically against any invader, and the adaptive immune system that allows the human host to defend against specific pathogens.

Sometimes, the immune system mounts a response to a foreign substance that is not a pathogen and is not really harmful. This type of a response to harmless environmental substances is called allergy. Recent scientific studies have shown that there has been an increasing incidence of allergy in developed nations such as the United States (Nova). Although the exact cause of the increase in allergy is not known, a number of suggestions have been proposed based on studies conducted by various scientists. One particular idea is called the Hygiene Hypothesis, and it is based on observations that individuals who are exposed to a large number of diverse environmental

4. Cytokines are molecules secreted by immune cells that stimulate a response in other immune cells by binding to specific target receptors, resulting in a cascade of signaling

audience; integrate information into the text selectively to maintain the flow of ideas, avoiding plagiarism and overreliance on any one source and following a standard format for citation. (HS-LS1-3)

b. WHST.9-12.9 Draw evidence from informational texts to support analysis, reflection, and research. (HS-LS1-1)

### C. Recommended Course Placement

This curriculum can be adap

## D. Day 4

1. Learn about allergy



7. Homework: Start planning Immune System analogy (See student section for handout.)

### C. Day 3

1. Notes/lecture: Adaptive immunity
2. Act out innate and adaptive Immunity (Teacher selects version that is appropriate for class level.)
3. Homework: Finish planning immune system analogy.

### D. Day 4

1. Peers edit immune system analogy idea. Students who have not done planning will work with the teacher to make a plan.
2. Notes/lecture: What happens when the immune system does not work correctly?  
Autoimmune disease and Allergy
3. Act out immune response to an allergen.
4. New roles: Allergen, IgE antibody
5. Homework: Write immune system analogy.

## IX. Summative Assessment

### A. Immune system Analogy

### B. Vocabulary quiz



## Student Section

### I. Rationale

The Immune system is very complex, so most learners need to learn it in a variety of ways. Research shows that for a student to be a self-directed learner, they need to experience the content through several modalities (i.e. written, oral, physical). This activity will allow students to learn by hearing the content and also associating the content with body movement. Students are also better learners if they are aware of how they learn best. If you know that you like to learn by doing, then this activity will help you to learn a lot, but only if you are actively thinking about each step of the activity and paying attention.

### II. Materials

#### A. For Disease spread simulation

One test tube that represents your body fluids, Goggles

#### B. For Acting out simulations



## E. Roles

Pathogen: 2-3 students

External Barriers

Host cells: 2-3 students

Mucus with Cilia: 2-4 students

Damaged cells: 1-2 students

Innate immunity

Macrophage: 1-2 students

Mast cell: 1 student holding Histamine – 1 student

Dendritic cell: 1-3 students

Adaptive immunity

Bone



#### IV. Immune Response Analysis

## Immune System Analogy Scoring Rubric

	<p>An analogy is made for every word/concept assigned and some extra</p> <p>Each word/concept analogy has a clear role in story which encompasses fine points of role in human body</p>	<p>An analogy is made for every word/concept assigned</p> <p>An analogy is made for each word/concept that shows good understanding of basic role in human body</p>	<p>An analogy is made for most of the words/concepts assigned</p> <p>An analogy is made for most words/concepts</p>	<p>An analogy is made for a few of the words/concepts assigned</p>	<p>Few to no analogies are made</p>







## V. Quiz Answer Key

Matching:

g 1. antibody

e 2. antigen

i 3. macrophage

a 4. pathogen

h 5. dendritic cell

b pnh

a. a disease causing organism

b. general immunity

c. directs specific immunity

d. makes antibodies

e. part of the pathogen recognized as foreign

**Select one question to answer from Group 2.**

**Group 2**

2.1. Explain why it is rare with some diseases (Ex. chicken pox) to suffer from the disease more than once, but with other diseases (Ex. flu, common cold, etc.), you can get sick over and over again. Use the following vocabulary: Antigen, Antibody, DNA, Memory B cell.

4 points maximum

2 points for correct use of all vocabulary words

1 point for diseases you only get once: DNA coding for the antigen does mutate/change

1 point for disease you get over and over: DNA coding for the antigen can mutate

2.2. Explain how a person's body recognizes that a foreign organism is present in the body.

Use the following terms in your response: antigen, host, marker protein, pathogen.

4 points maximum

4= excellent overall understanding of the concept. All vocabulary used correctly.

3= may have left out or mis-used a vocab word or lacking some general understanding

2= has some understanding, but writing shows some major misconceptions

1= some but very little understanding, most vocabulary not used correctly

0= complete lack of understanding or not done

2.3 Your body is exposed to many potentially disease causing organisms each day, yet you only get sick once in a while. Explain why this happens.

4 points maximum

4= excellent general understanding of external barriers and innate and adaptive immunity.

Good use of applicable vocabulary

3= Good general understanding of innate and adaptive immunity. Could use more specific vocabulary

2= some general understanding. Only a few applicable vocabulary words used

1= limited general understanding. Only a few applicable vocabulary words used